

u3a Sturminster Newton – Newsletter – Summer 2023



Editor’s Note



Hello, and welcome to the Summer 2023 edition of the Sturminster Newton u3a Newsletter.

There are lots of good things to read and look at in this issue. You’ll find details of upcoming events, committee and club details and the spotlight is on three more of our groups. There are creative writing contributions from a few of our members and some lovely images from our photography group, including the beautiful sunflowers at the top of this page.

I hope you’ll enjoy reading this and, remember that any contributions will be very welcome – just send them via email to me at: newsletter@snu3a.org.uk

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Chairman's Report

I am writing this on July 19th. Last year on July 19th the UK recorded its hottest ever temperature of 40.3 °C! Today it is 19 °C - less than half what it was then! So far this year we have had a very warm June and now a coolish July. But the recent rain has certainly made things come alive in the garden! I hope you are all enjoying the beautiful countryside that we are fortunate to live in.

Membership

We've had 21 new members joining since April. Thus, our current membership is now 211, which is very good for this time of the year. So, I can report that our u3a is doing very well as far as numbers are concerned. This allows us to keep our annual subscription at £14. Please do tell your family, friends, and neighbours about us – if they join in September the fee is only £7!

Open Morning

In September we will be having our annual Open Morning on Friday 15th – we usually get a good number of people joining the u3a then. There is an advert for this event at the end of this newsletter. Please tell your friends about it, or anyone who might want to come along to our Open Morning. It's not only for new members but for any of you who would like to meet group leaders to find out more about their groups.

Interest Groups

Before Covid we had over 30 interest groups. Now we have just 22 groups - but we do appreciate all our group leaders for their effort and the members who support them. However, I am convinced that there are many of you out there who could lead a new interest group! What about the following – Board Games, Choir, Walking Cricket, Walking Football, Spanish Conversation, Italian Conversation, Painting, etc. Could you start up one of these groups? Or any other interest group?

Bi-Monthly Meetings

Numbers at our public meetings have been steady. But, considering that we have over 200 members it is shame only about 40 to 50 come to our meetings. You have been missing out on some excellent speakers. Not only that, but it is a great opportunity to mingle with other members over a cup of tea and a biscuit!

Our next meeting is on **Thursday 19th October** when Alan Jones, Roving Reporter, will be making a welcome return! Our Christmas meeting is on **Friday 15th December** when we will be doing our own thing, - with the usual refreshments!

Committee

David Wingate volunteered to stay on for another year as Speakers' Secretary, for which we are very grateful. Rosie Taylor is now Vice Chair and we will be co-opting one of our members on to the committee in September.

However, we are still looking for someone to coordinate our groups. We have been without a Group Coordinator now for several years! Is this something you could do? As I have said before, our u3a can only exist if we have enough volunteers to run it.

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Finally, many thanks to those of you who have contributed to this newsletter, and particularly to Jo Wright who has edited it. We hope you enjoy reading it - please do feel free to forward it to anyone who might be interested in our u3a.

Andrew

JOIN A GROUP!

Not yet joined an interest group? Have a look below at what groups meet and when. If you need more information about any group then contact me and I will forward your query to the group leader. Andrew arowden51@gmail.com

| Timetable Summary | | |
|-------------------|-----------------------------|---|
| Day | Morning | Afternoon |
| Monday | Line Dancing | Mahjong Play Reading & Drama |
| Tuesday | French Conversation Walking | Book Club (1) Garden Croquet Tuesday Lunch Club |
| Wednesday | Quilting 1 | Book Club (2) Quilting 2 |
| Thursday | History Keep Fit Ukulele | Boules Philosophy Thursday Lunch Club Wine Appreciation |
| Friday | Bridge Photography | Canasta Creative Writing |

Here are a couple of photos of our ukulele group 'Vale Ukes' playing at the Marnhull Flower Festival on a very wet Saturday afternoon.



The Ukulele Group's 'Gig in the Garden'

Viv Jeffery

The afternoon of Saturday 1st July was sunny and bright – perfect weather for an outdoor performance at a tea afternoon in West Stour.

Following some discussion, we had previously decided to call ourselves 'Vale Ukes' for future performances. The performance tent had newly made bunting and a banner for the occasion.

The gig was free for villagers to attend, but voluntary donations were invited for the charity - School in a Bag. (Registered Charity No. 1186357) www.schoolinabag.org This is a charity based in Chilthorne Domer, near Yeovil. It sends School Bags filled with educational resources to poor, orphaned, vulnerable, disadvantaged and disaster affected children. A demonstration bag showed the contents of their typical School Bag - stationery items, a water bottle (with a special water filter straw) and a lunchbox. So far, over 140 000 bags have been sent to 56 countries.

At 2pm the audience gathered and took their seats. We all made final adjustments to our music stands and clips to prevent the music sheets flying off in the breeze!

Viv welcomed and thanked everyone for coming.

Andrew ably introduced the songs in the varied programme. We were fortunate to have the skills of Jo (on bass) and solo instrumentals from Trevor. Many of the audience used the song sheets to join in enthusiastically. The programme also included our first public performance of an instrumental round, where we combined picking and strumming techniques.

During the interval, performers and audience alike were invited to share tea and home-made cakes.



The event was greatly enjoyed by performers and audience alike. One villager remarked that they would love it to become an annual event, while several people commented on the excellent choice of well known, sing-a-long songs!

Thank you to everyone involved! Kind and generous donations amounted to £340 – an excellent result!



Spotlight on our Groups

Croquet – Tony Stables

My name is Tony Stables and I've been playing garden croquet with our u3a for the last 13 years. We started off with about 8 of us playing in someone's back garden whereas now there are 24 of us and we play on the Sturminster Newton Recreation Ground every Tuesday afternoon in the summer.



How did you become group leader?

I took over as group leader after the group, previously led by Tony and Norma Bonnell (who were very experienced players) decided to retire, but they still continued to play for a few more years.

What are your responsibilities?

My role as organiser and group leader for Garden Croquet is to weekly organise the teams to try and maintain a balance between skill levels and also to referee when an error has taken place and needs correcting, also to advise so as to try and improve everyone's level of play, this now involves a second referee.

What happens at a typical meeting and what do people enjoy about croquet?

We play Garden Croquet as it's quite sociable and competitive, we have six sessions of one hour with two teams of two playing against each other and the aim is to get both your team's balls through six hoops and then post out and your opposing team is trying to do the same for themselves and also stop you. This is when the play gets quite intense but still very enjoyable. Every game develops in a different way and emotions can run high with some people more competitive than others with the majority of people wanting to play every week.



We only play in the summer and we don't play in the rain. The Sturminster Newtons Recreation Ground team mow a croquet square which is about half size in the recreation ground – near the swings.

Can anyone join your group or do they have to have particular skills?

We have a mixed level of skill and experience and have had quite a few people who had never played croquet before start from scratch and soon enjoy playing.

Is there a cost for this activity?

We charge £1 per person per game so as to pay for the maintenance of the lawn and to buy equipment and hire other lawns to play on.

If you are interested in joining us please come and watch us any Tuesday afternoon in the Recreation ground.



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Keep Fit – Audrey Groves

How did you become group leader?

A representative of the u3a came to our Town to inspire us to start Sturminster Newton u3a early in 2009. There was fantastic interest and it wasn't long before we had an inaugural meeting. This was on 12th March 2009 starting with 35 members and 16 Groups with me volunteering a Keep-Fit Group. I have to admit to a selfish reason. Having moved down here in 2003 I was missing the exercise as I had been teaching Keep-Fit for over 40 years previously and this was my opportunity to get back to it.

What are your responsibilities?

To ensure that I consider the welfare of my members by using the knowledge I have gained from 5 years of training from the Middlesex Keep Fit Association and the London Advisory Council with whom I am certified as a part-time teacher of Adult Education. To consider the ages of the members in my Group and, above all to create enjoyable lessons.

What happens at a typical meeting?

We start with stretching the upper body first, then the lower limbs, then the whole body. This takes approximately 40 minutes. We then cool down using chairs. Finally, we finish with the stretching exercises. I encourage drinking water throughout the hour. Everyone should go home feeling exhilarated.

What are the highlights of your meetings?

Being with like-minded people who enjoy what they are doing.

What do you enjoy most as group leader?

Making lots of friends who look out for each other.

What do members enjoy about your group activity?

To feel that they are doing exercises that are beneficial to their health and daily living and making friends.

Can anyone join your group or do they have to have particular skills?

Yes, but if they have physical conditions, they should check with their doctor that it is ok to start.

Where and when do you meet and is there a cost?

We meet on Thursdays at the Stour Hall of The Exchange 10am till 11am. The cost is £1 per session.



Quilting – Liz Wray

How did you become group leader?

I decided about six years ago that I needed to join a quilt group to try and expand my skill set but wasn't able to find one locally that was a good fit. The obvious answer was to start one of my own, and, since I was already a member, the u3a seemed a useful and convenient umbrella to shelter under!



What are your responsibilities?

My responsibilities include making many cups of tea and coffee, and sounding more competent and confident than I sometimes feel (imposter syndrome is a Thing). I am blessed with members who are more experienced than me and every member of the group has something to offer in a wide variety of useful and transferable skills, and brilliant ideas. The sessions are largely unstructured but if someone has a problem or wants to gain a new skill, there is always someone who can help, and as a last resort we can always consult Google and YouTube, both fantastic resources for craft advice! Most importantly we support, encourage and help each other to grow in our craft skills within a convivial social context.



What happens at a typical meeting?

A typical meeting involves a lot of chat, tea drinking and quite often cake. We also sew. The best part of it is having the good-natured support of our fellows and a social outlet away from other responsibilities and distractions. All the work we produce is hand sewn. Unfortunately, I don't have the space for everyone to come with sewing machines.

What do you and your members enjoy about the quilting group?

When asked what they liked about the group the most common answer was that the social side of things was the most attractive - relaxing and therapeutic and a nice change from the every day. I should add that although it sounds like just another coffee morning, all of us produce wonderful hand sewn work, some more prolific than others, of course, but all very productive! Personally, I love seeing what everybody makes and having them all companionably around my kitchen table each week.

We are currently working on our first group project - a quilt celebrating the upcoming Olympics in Paris in 2024. We are hoping to make it the centrepiece of an exhibition planned for Summer 2024.

In addition to all this, we now have a second session running in the afternoons on Wednesdays. Some of the morning members now stay all day (I make them bring their own lunches!) and we have a couple of completely new members just getting started. We still have space in the afternoon session for a few more friends if anybody else feels tempted.

Can anyone join your group or do they have to have particular skills?

You don't need any previous experience since we are happy to pass on our craft skills, but some basic aptitude with a needle is a great help.

Where and when do you meet, and is there a cost?

We meet every Wednesday at Liz's house in Newton, close to the mill. Morning session (currently closed to new members) is 10.00am till 12.30pm. Afternoon session is 2.00pm till 4.30, or when the last person leaves. Although we are open every week



there is no pressure to attend any more often than you wish. Some current members come once a fortnight or once a month. Others with busy lives come less regularly. It's entirely up to you.

Membership of the group is free, and although people sometimes contribute a cake for everyone's delight, this is not compulsory and there is no rota etc.



Drama and Playreading Group Vacancies



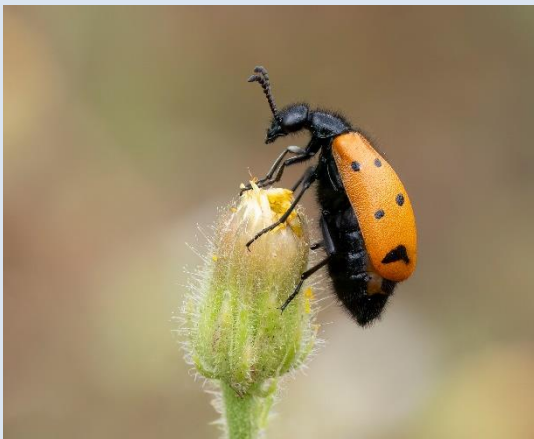
The Drama and Playreading Group has been running for almost ten years and during almost all of that time we have been full, but due to people moving away or deciding playreading wasn't for them, we have a couple of spaces.

We meet on the 1st and 3rd Mondays of the month at Reddleman House from 2.30 for a couple of hours. We read a great variety of plays; comedy, historical, drama, murder, the occasional Shakespeare and others. We have fun, try out the different appropriate accents and generally end up discussing each play.

If you would like to give it a go, please contact me, Bridget Pyle, either by phone on 01258 475378 or by email at bridget.pyle@outlook.com It really is a most enjoyable two hours.

Photography Club Images





Over to You - Members' Contributions

A Horse Walked into a Bar

By Jane Wade – u3a Creating Writing Group



'That's not something you see every day, is it?'

Harold pointed towards the horse that had just walked into the bar, his wayward hand narrowly missing the glass of beer on the table.

'Humph,' said Reynard, picking his teeth with a fold of empty crisp packet. 'Makes a change, I s'pose.'

Harold reached for the glass and took a long, appreciative slurp of Piddle. His throat writhed with delight. He rubbed foam from his mouth with a hairy hand.

The horse wandered across to the counter, clip-clopping floorboards and piff-poffing the occasional rug. It stood on three legs and cleared its throat. Customers had to squeeze past to reach the bar. There was a bit of muttering about that.

'That big bugger's in my way.'

'S'not doing any harm.'

'Not yet s'not. But look out for those great feet. You wouldn't want him stamping on your toes, mate.'

The horse raised its head and snickered. Customers scattered, avoiding the saliva.

Mick behind the bar was a scrawny little fellow. He had to stretch to meet the horse's eye. 'What can I get you, sir?' he said, eviscerating a glass with a tea towel before slipping it on to the shelf. 'Pint of the usual?'

The horse bounced its head, bits of mane clapping with glee. It watched with rolling eyes as the barman worked the lever, and the pub was filled with milking parlour sounds.

'Crummy weather for the time of year,' Mick said, and the horse snorted.

'Keeping well, are you?' Mick said, and the horse snorted.

'How's the missus?' Mick said. The horse dropped its head and shuffled some hooves.

Mick tutted. 'Sorry to hear that,' he said, placing the brimming glass on the counter. The horse swigged half of it in one go, tipped it sideways to swallow the rest. It investigated the bottom of the glass with its tongue, and then, very delicately, it nosed the empty vessel towards the barman.

'Refill?' Mick said, leaning back a little to avoid the nodding mane. With deft flicks of his wrist, and more of the milking parlour surge and spurt, he replenished the glass, set it on the bar top and watched as the horse imbibed. A bit slower this time.

It didn't stay for another. It went out of the pub with its nodding and plodding, balance just slightly out of sync.

'Put it on the slate, shall I?' Mick called, and the horse whickered through its nose before it disappeared. The customers stretched, making up for lack of space.

Harold finished his pint, sighed and leaned back in his chair. 'No,' he said. 'Not something you see every day.'

Reynard scratched a pointed ear. 'Another one?' he said, dropping to the floor.

'Thanks,' said Harold. 'And get some pork scratchings while you're at it.'

'Pork.' Reynard relished the word, licking his teeth as he padded away. Rearing up to the bar top on his hind legs, red-brown brush waving like a glossy plume.

An Unearthly Child

by Peter Wright

“What do you think, sir, isn’t it brilliant, have you ever seen anything like it before?”

The man seated before them had heard the question but did not answer immediately, he was considering his response to the assembled crowd of expectant on-lookers. What he had just witnessed had neither shocked nor offended him, in fact he was unable to decide what he thought about it. Times were changing he knew that, but not always for the better. However, was this the answer? he wondered. Eventually, coughing slightly to clear his throat, he began to speak.

“I’m not sure what to say about it, having seen only this one so far. You say there are four in total, is that enough or too many? Where has this strange man come from, and why is he in a scrap yard? It seems to me...” he paused, “..slightly unusual, shall we say.”

The room had gone completely quiet and a collective nervousness was felt by everyone. Eyes flicked from one to another, their futures could depend on this one man’s decision. Would he give his blessing or not? Finally, the group’s spokesman took a deep breath and stepped forward, this was his moment to champion his ‘baby’.

“I know it’s not what you would normally expect, but I truly believe this could be a turning point for our industry. No one else has tried this type of thing and I agree we have no way of knowing if society is ready for it or if they will approve. But I truly think they will embrace it, given a little time to come to know the central figure. All we ask is that you give us a chance and let us try.” He wrung his hands, conscious that this was it, decision time.

Rising from the chair and turning to face the room, the Director-General of the BBC smiled before he began to speak.

“OK, let’s give it a try. Schedule the first episode for Saturday 23 November at 5.15pm and let’s see what the great British public make of your - ‘Doctor Who’! Thank you everyone, carry on.”



(23 November 1963 - The BBC aired 'An Unearthly Child' (starring William Hartnell), it was the first episode of the first story from the first series of 'Doctor Who', which is now the world's longest running science fiction drama).

An Interview with a Haggis

By Laurence Peterken

"There is nothing much on the menu," said the Sheriff, "but there is haggis."

"That would suit me fine."

"Oh good. I'm not allowed to have haggis at home any longer. We used to have it once a week, but my doctor has forbidden it as too fatty. So, I have it here for lunch instead."

I like this Sheriff, I thought. We were in Edinburgh Sheriff Court. He had asked me to lunch with him to see if I were a suitable person to become a trustee of the charity, of which he was the Chairman. It was called the Music in Hospitals Charity, Scotland. The dining room, for Sheriffs only, was modern and simple, rather like his private room where I first met him.

"We now have," he said, pointing to a door off, "our own en suite arrangements, including a shower in this new building and I could take a shower. Now that I have got a shower, I shall retire next May".

He spoke slowly and with conviction, no doubt acquired from 25 years of pronouncing both judgement and sentence. After lunch he showed me the library, full of gilded cover law books and case records with a private work space for study.

"Do you sit at 2 o'clock?" I said, not wanting to delay him.

"Yes," he said, "usually until 4. The public think we have it easy, sitting only from 10 to 4."

"There is plenty of home work after that," I ventured.

"Yes, indeed," he pronounced.

As I followed him back to his rooms, he met a young man who was in charge of the sports and exercise equipment room.

"So all the Sheriffs are fit and well?" I asked.

"Oh yes," he replied, "mens sana in corpore sano"

He emphasised the 'in sano', to draw attention, I suppose, to his knowledge of the different endings in Latin for adjectives, depending on the gender of the noun.

"So little Latin these days. We lawyers and the doctors are the only people allowed to use it anymore."

The Court Usher approached. "Your court is ready, Sir," he said. It was just on 2pm.

"They can wait," he said. "It's a boring case. Come and see the gallery."

We stood and watched the advocates and the witnesses and anxious relatives below. Then, in the manner of successful men, he took me down to the main entrance and bid me farewell.

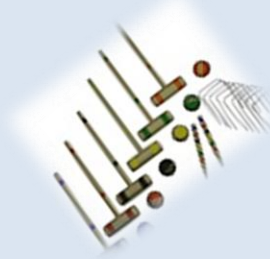
"Welcome to the Committee," he said, "I will see you at the Trustees meeting in November."

Although he had done most of the talking, it seemed that I had been vetted and passed it for purpose. Perhaps my choice of haggis had been the decisive factor.



Retirement *by Jo Wright*

When I was working, I would look
T'wards empty times ahead
I'd fill those long and lazy days
With books I'd never read
A garden fit for Chelsea
Relaxing time with friends
Retirement years, a holiday
That never really ends
I finished work, I said goodbye
To deadlines, targets, stress
But things just didn't work the way
I'd pictured, I confess
At first a list of jobs to do
To fix and paint and mend
And 'would I help with this and that?
You've got the time, my friend'
And suddenly, my time's filled up
I've got too much to do
For someone mentioned u3a
'There's something there for you'
If people ask, 'do you get bored?'
I smile and answer gaily
I write, I dance, I play Mah Jong
I strum the ukulele
There's book club, quilting, croquet, bridge
So much it makes me dizzy
Do I miss work? Not on your life
I'm really far too busy!



Group Details

| Name | Leader | Contact Details | Venue | Frequency |
|---------------------------------|------------------|--|--------------------------------|----------------------------|
| Book Club (1) | Brenda Stables | tandbstables@btinternet.com | Members' homes | 2nd Tuesday, 2pm |
| Book Club (2) | | | Members' homes | 4th Wednesday 2pm |
| Boules | Sylvia Greenwood | slgreenwood@live.co.uk | Hinton St Mary, Cricket Ground | Thurs 4pm April to Sept. |
| Bridge | Margaret Peers | margaret.peers@uwclub.net | Exchange Café | Friday mornings 10am |
| Canasta | Audrey Groves | grovesaudrey981@yahoo.com | Hinton St Mary Village Hall | 2nd Wed. last Friday pm |
| Creative Writing | Jane Wade | scarletmermaid@yahoo.co.uk | Emporium | 3rd Friday at 2.30pm |
| Photography | David White | dwhitenosredna@gmail.com | The Exchange | 3rd Friday, 10am |
| French Conversation | Janet Solomon | jgs81@live.co.uk | Reddleman House | Alternate Tuesdays 10.30am |
| Garden Croquet | Tony Stables | tandbstables@btinternet.com | SN Recreation Ground | Tues. 1pm, May to Sept. |
| History | Jill Curtis | jill.e.curtis@gmail.com | Bow Room, Exchange | 2nd Thursday 10.30am |
| Keep Fit | Audrey Groves | grovesaudrey981@yahoo.com | The Exchange | Thursdays 10am |
| Line Dancing | David Bacon | dw@bacon.go-plus.net | The Exchange | Mondays 11am |
| Lunch Club (Tuesday) | Linda Insley | theinsleys35@yahoo.co.uk | Various | 3rd Tuesday 1pm |
| Lunch Club (Thursday) | Sheila Jarman | frank.jarman23@gmail.com | Various | 1st Thursday 1pm |
| Mahjong | Hazel Belben | hazelbelben17@gmail.com | Hazel's home | 1st Monday 2pm |
| Philosophy | Graham Colls | gcolls9@aol.com | Swan Hotel | 1st & 3rd Thursday 1.45pm |
| Play Reading & Drama | Bridget Pyle | bridget.pyle@outlook.com | Reddleman House | 1st & 3rd Mondays 2.30pm |
| Quilting | Liz Wray | hillyground@tiscali.co.uk | 86 Newton | Wednesdays 10am |
| Ukulele | Andrew Rowden | arowden@outlook.com | Marnhull Village Hall | Fortnightly 11am |
| Walking | Karine Litton | bonslea@aol.com | Various routes | 1st & 3rd Tuesdays am |
| Wine Appreciation | Charles Minoprio | f.minoprio@btinternet.com | Chaselands House, Lydlinch | Every 6 weeks 4.30pm |

CONTACT DETAILS:-

Website - <https://u3asites.org.uk/sturminster-newton/home>

Facebook – <https://www.facebook.com/groups/1842868155995868>

Third Age Trust - <https://www.u3a.org.uk/>

Registered Charity N0. 288007

Sturminster Newton u3a Registration No. 771/750/0922

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Committee Members

| OFFICIAL | NAME | EMAIL ADDRESS |
|----------------------|----------------|--|
| Chairman | Andrew Rowden | chair@snu3a.org.uk |
| Vice Chairman | Rosie Taylor | vicechair@snu3a.org.uk |
| Treasurer | Rosie Taylor | treasurer@snu3a.org.uk |
| Secretary | Jennie Burbury | secretary@snu3a.org.uk |
| Membership Secretary | Hazel Belben | membership@snu3a.org.uk |
| Groups Coordinator | Andrew Rowden | groups@snu3a.org.uk |
| Publicity | Andrew Rowden | publicity@snu3a.org.uk |
| Newsletter Editor | Jo Wright | newsletter@snu3a.org.uk |
| Website Manager | Andrew Rowden | website@snu3a.org.uk |
| Speakers' Secretary | David Wingate | speakers@snu3a.org.uk |
| Committee Member | David White | |
| Committee Member | Ruth Alexander | |

Afterthoughts

Historical events in July

19 July 1545 – King Henry VIII looks on as his newly refitted flagship, the Mary Rose, sinks in the Solent.

9 July 1877 - The inaugural Lawn Tennis Championship was played on top of the croquet lawns at Wimbledon.

12 July 1910 – British pilot Charles Stewart Rolls, 33, died after his French built biplane crashed at a flying competition in Bournemouth. He was a partner in the Rolls-Royce car manufacturing company.

30 July 1966 – England win the Jules Rimet trophy, Association Football's World Cup, at Wembley Stadium in London after beating Germany 4-2 in extra time.

21 July 1969 – The Eagle lands on the moon and US astronaut Neil Armstrong is the first man in history to walk on its surface.

Time for a laugh (or a groan!)

What's the difference between ignorance and apathy?

I don't know and I don't care!

Don't use 'Beef_Stew' as a password?

It's not stroganoff!

What do you call a woman standing in the middle of a tennis court?

Annette!

A weasel goes into a bar. The bartender says, "Wow, I've never seen a weasel in here before, what can I get you?"

"Pop!" goes the weasel.

I only know 25 letters of the alphabet, I don't know y.



Open Morning Advertisement



OPEN MORNING

**At The Exchange on Friday 15th September
10am to 12pm**

Are you no longer in full-time employment? Then come along to our Open Morning. We currently have over 20 groups catering for a variety of interests. Come and meet the group leaders. We are sure that you will find something to tempt you

Perhaps you have a hobby or area of interest that you would like to share with others, if so come along and we will try to accommodate you

Examples of our current groups are:

| | | |
|---------------------------------|----------------------------|-------------------------|
| <i>BOOK CLUB (1)</i> | <i>BOOK CLUB (2)</i> | <i>CANASTA</i> |
| <i>CREATIVE WRITING</i> | <i>CROQUET</i> | <i>BOULES</i> |
| <i>BRIDGE</i> | <i>FRENCH CONVERSATION</i> | |
| <i>HISTORY</i> | <i>KEEP FIT</i> | <i>LINE DANCING</i> |
| <i>LUNCH CLUB (Tue)</i> | <i>LUNCH CLUB (Th)</i> | <i>MAH-JONG</i> |
| <i>PHILOSOPHY</i> | <i>PHOTOGRAPHY</i> | |
| <i>PLAY READING & DRAMA</i> | <i>QUILTING (1)</i> | <i>QUILTING (2)</i> |
| <i>UKULELE</i> | <i>WALKING</i> | <i>WINE APPRECIATON</i> |
